Recreation Centre
Drop-In Swimming Schedule

June 1 – 30, 2024

Indoor Pool Swimming   **Outdoor Pool Swimming** *Times might be shared with swim clubs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Closed June 7 **5:30 – 10 p.m.**	**Closed June 8**	**Closed June 9**
Lane Swim 5:30 - 9 a.m. ***Lane Swim** 5:30 - 9 a.m.	**Lane Swim** 5:30 - 9 a.m. ***Lane Swim** 5:30 - 9 a.m.	**Lane Swim** 5:30 - 9 a.m. ***Lane Swim** 5:30 - 9 a.m.	**Lane Swim** 5:30 - 9 a.m. ***Lane Swim** 5:30 - 9 a.m.	**Lane Swim** 5:30 - 9 a.m. ***Lane Swim** 5:30 - 9 a.m.		
Hot Tub, Steam Room, Sauna 5:30 - 9 a.m. 12 – 10 p.m.	**Hot Tub, Steam Room, Sauna** 5:30 - 9 a.m. 12 – 10 p.m.	**Hot Tub, Steam Room, Sauna** 5:30 - 9 a.m. 12 – 10 p.m.	**Hot Tub, Steam Room, Sauna** 5:30 - 9 a.m. 12 – 10 p.m.	**Hot Tub, Steam Room, Sauna** 5:30 - 9 a.m. 12 – 10 p.m.	**Hot Tub, Steam Room, Sauna** 12 – 10 p.m.	**Hot Tub, Steam Room, Sauna** 12 – 5 p.m.
Lane Swim 12 - 1 p.m. **Lane Swim** 12 – 1 p.m.	**Lane Swim** 12 - 1 p.m. **Lane Swim** 12 – 1 p.m.	**Lane Swim** 12 - 1 p.m. **Lane Swim** 12 – 1 p.m.	**Lane Swim** 12 - 1 p.m. **Lane Swim** 12 – 1 p.m.	**Lane Swim** 12 - 1 p.m. **Lane Swim** 12 – 1 p.m.	**Lane Swim** 12 - 2 p.m. **Lane Swim** 12 – 1 p.m.	**Lane Swim** 12 - 2 p.m. **Lane Swim** 12 – 1 p.m.
55+ Swim 1 - 2 p.m. June 17 & 24 Cancelled	**Water Workout** Deep/Shallow 1:05 – 2 p.m. June 25 Cancelled	**55+ Swim** 1 - 2 p.m. June 5 & 26 Cancelled	**Water Workout** Deep/Shallow 1:05 – 2 p.m. June 20 Cancelled	**55+ Swim** 1 - 2 p.m.		
Public Swim & Lane Swim 2 – 4 p.m. June 17: 3-4 p.m. June 24: 2:30 – 7 p.m. **Public Swim** 3:30 – 7:30 p.m.	**Public Swim & Lane Swim** 2 – 4 p.m. June 25: 3-4 p.m. & 5 – 7 p.m. ***Public Swim** 3:30 – 7:30 p.m.	**Public Swim & Lane Swim** 2 – 4 p.m. June 5: 3 - 4 p.m. June 26: 3 – 7 p.m. **Public Swim** 3:30 – 7:30 p.m.	**Public Swim & Lane Swim** 2 – 4 p.m. June 20: 3-4 p.m. June 27: 5 – 7 p.m. **Public Swim** 3:30 – 7:30 p.m.	**Public Swim & Lane Swim** 2 – 4 p.m. **Public Swim** 3:30 – 7:30 p.m.	**Public Swim** 2 – 7:30 p.m. **Public Swim** 1:30 – 7:30 p.m.	**Public Swim** 2 – 5 p.m. **Public Swim** 1:30 – 5 p.m.
Water Workout Deep/Shallow 7:30 – 8:25 p.m.	**Water Workout** Deep/Shallow 7:30 – 8:25 p.m.	**Water Workout** Deep/Shallow 7:30 – 8:25 p.m.	**Water Workout** Deep/Shallow 7:30 – 8:25 p.m.	**Public Swim & Lane Swim** 5 – 8 p.m.		
Lane Swim 8:30 - 10 p.m. **Lane Swim** 8 – 9:30 p.m.	**Lane Swim** 8:30 - 10 p.m. **Lane Swim** 8 – 9:30 p.m.	**Lane Swim** 8:30 - 10 p.m. **Lane Swim** 8 – 9:30 p.m.	**Lane Swim** 8:30 - 10 p.m. **Lane Swim** 8 – 9:30 p.m.	**Lane Swim** 8:00 - 10 p.m. **Lane Swim** 8 – 9:30 p.m.	**Lane Swim** 8:00 - 10 p.m. **Lane Swim** 8 – 9:30 p.m.	