## Michener Aquatic Centre Drop-In Schedule

## October 1 – 31, 2024

## **Drop-In Activities**

| MONDAY           | TUESDAY                 | WEDNESDAY        | THURSDAY           | FRIDAY           | SATURDAY       | SUNDAY |
|------------------|-------------------------|------------------|--------------------|------------------|----------------|--------|
| Closed           |                         |                  |                    | ĺ                | Closed         | Closed |
| October 14       |                         |                  |                    |                  | October 12     |        |
| Lono Swimming    |                         |                  |                    |                  |                |        |
| Lane Swimming    |                         |                  |                    |                  |                |        |
| 6 - 9 a.m.       | Lane Swimming           | Lane Swimming    | Lane Swimming      | Lane Swimming    |                |        |
| Water Workout    | 8 - 9 a.m.              | 7:30 - 9 a.m.    | 8 - 9 a.m.         | 6 - 9 a.m.       |                |        |
|                  | Water Workout           | Water Workout    | Water Workout      | Water Workout    |                |        |
| Deep/Shallow     |                         |                  |                    |                  |                |        |
| 9:05 – 10 a.m.   | Deep/Shallow            | Deep/Shallow     | Deep/Shallow       | Deep/Shallow     |                |        |
|                  | 9:05 – 10 a.m.          | 9:05 – 10 a.m.   | 9:05 – 10 a.m.     | 9:05 – 10 a.m.   |                |        |
| Adult & Child    |                         |                  |                    |                  |                |        |
| Swimming         | Adult & Child           | Adult & Child    | Adult & Child      | Adult & Child    | Adult & Child  |        |
| Warm pool only   | Swimming                | Swimming         | Swimming           | Swimming         | Swimming       |        |
| 11 a.m. – 1 p.m. | Warm pool only          | Warm pool only   | Warm pool only     | Warm pool only   | Warm pool only |        |
|                  | 11 a.m. – 1 p.m.        | 11 a.m. – 1 p.m. | 11 a.m. – 1 p.m.   | 11 a.m. – 1 p.m. | 12 - 1 p.m.    |        |
| Lane Swimming    |                         |                  |                    |                  |                |        |
| 11 a.m 1 p.m.    | Lane Swimming           | Lane Swimming    | Lane Swimming      | Lane Swimming    | Lane Swimming  |        |
|                  | 11 a.m 1 p.m.           | 11 a.m 1 p.m.    | 11 a.m 1 p.m.      | 11 a.m 1 p.m.    | 12 - 1 p.m.    |        |
|                  | 55+ Swimming            |                  | 55+ Swimming       |                  | Public & Lane  |        |
|                  | Shared - Swim Club      |                  | Shared - Swim Club |                  | Swimming       |        |
|                  | 1 - 2 p.m.              |                  | 1 - 2 p.m.         |                  | 1-3 p.m.       |        |
| Reservation      |                         |                  |                    |                  |                |        |
| Lane Swimming    | <b>Reservation Lane</b> | Reservation      | Reservation        | Public & Lane    |                |        |
| 8:30 – 10 p.m.   | Swimming                | Lane Swimming    | Lane Swimming      | Swimming         |                |        |
|                  | 8:30 – 10 p.m.          | 8:30 – 10 p.m.   | 8:30 – 10 p.m.     | 7 – 9 p.m.       |                |        |



## **Scan Schedule Here**

Read all you need to know **before you go** at **reddeer.ca/DropIn** 

Registered Programs

Personalized Activity Guide reddeer.ca/MyActivityGuide



rec(create)<sup>™</sup>

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