Collicutt Centre WALL CLIMBING & BOULDERING DROP-IN SCHEDULE

JULY 1 - AUGUST 31, 2024

July 1st -Field House open 12-5pm August 5th -Field House open 12-5pm

rec(create)[™]

Red Deer

WALL CLIMBING	MON	TUES	WED	THURS	FRI	SAT	SUN
FIELD HOUSE WALL	-	-	5:30 - 7:30 p.m.	-	-	-	2:30 - 4:30 p.m.
MR. BIG WALL	-	-	-	-	-	-	-
BOULDERING ROOM	MON	TUES	WED	THURS	FRI	SAT	SUN
AVAILABLE TIMES	8 a.m 9 p.m. July 1 st & Aug 5 th 12-5pm	8 a.m 9 p.m.	8 a.m 9 p.m.	8 a.m 9 p.m.	8 a.m 9 p.m.	8 a.m 9 p.m.	8 a.m 9 p.m.

Registered Programs looknbook.reddeer.ca Personalized Activity Guide reddeer.ca/MyActivityGuide



rec(create)[™]

Red Deer

CLIMBING:

- Waivers are required for the Field House climbing wall and Mr. Big climbing wall.
- Climbers under the age of 18 require the signature of a parent or legal guardian on their waiver.
- Belay card is required to climb Mr. Big. A belay card is obtained by passing a belay test which can be taken during our climbing drop-in hours. Cost is \$5.00. Patrons must be 13+ years old. Belay card is valid for the calendar year.
- Outdoor shoes are not permitted. Proper climbing shoes and climbing equipment may be signed out with photo identification.
- Socks are required and can be purchased for \$2.00.
- Chalk is available to rent for \$1.00.

Drop in Climbing -Field House Wall

An Auto Belay is a device that climbers attach to their harness that takes up the slack as the climber ascends, and then safely controls the descent as the climber is lowered to the ground. Climbers can clip in and climb without having to depend on a partner to belay them. The TRUBLUE auto belays allow climbers the flexibility to get in a quick endurance workout.

Before using the Auto Belays, all climbers must have a completed waiver & complete a quick orientation from our climbing staff before their first time climbing on the wall. This will allow climbers to use the auto belays anytime the Field House wall is open for drop-in climbing. Once your waiver is complete, you will receive a sticker that can be put on your picture ID. Present your picture ID with sticker to climb. If unable to present climbing sticker climbers will be asked to sign another waiver.

Orientation is offered during drop-in climbing times and is approximately 5 minutes in length. Orientation is subject to climbing staff availability.

Climbers under the age of 10 will need direct supervision by 16+ while climbing.

BOULDERING:

- All ages are welcome.
- Waivers are not required.
- Loose chalk is not permitted.
- Outdoor shoes are not permitted. Proper climbing shoes may be signed out with photo identification.
- Socks are required and can be purchased for \$2.00.
- Maximum of 5 climbers at one time.

Climbing Courses:

A variety of climbing programs are available for age 3+. 3 ways to register: Online at <u>www.looknbook.reddeer.ca</u>, call 403-309-8411 or in person at the Collicutt Centre front desk.

Registered Programs

Personalized Activity Guide reddeer.ca/MyActivityGuide

