

Idling Myths



Myth - The engine should be warmed up before driving



Reality

- Idling is not an effective way to warm up your vehicle
- Driving your vehicle is the best way to warm it up
- 30 seconds of warming up your vehicle on winter days is enough

Myth - Idling is good for your engine



Reality

- Excessive idling can damage your engine components, including cylinders, spark plugs and the exhaust system

Myth - Shutting off and restarting your vehicle is hard on the engine and uses more gas



Reality

- Frequent restarting has little impact on engine components
- More than 10 seconds of idling uses more fuel than restarting the engine

The Benefits of Taking Action

Save money

Breathe more easily

Spare our climate and air

Reduce engine wear and tear