



OFFICE OF THE MAYOR

MITOCHONDRIAL DISEASE AWARENESS PROCLAMATION

WHEREAS The human body is powered by trillions of microscopic structures known as mitochondria. Found in nearly every cell, these vital energy-producing components generate the energy required for life. When mitochondria do not function properly in one or more parts of the body, mitochondrial diseases can develop;

WHEREAS There are thousands of known mitochondrial diseases, and due to the complexity of diagnosis, many individuals remain undiagnosed or unaware that they are affected. There is a strong need for continued research, improved diagnostic tools, and enhanced clinical understanding to support individuals living with mitochondrial disease, their caregivers, and healthcare providers;

WHEREAS World Mitochondrial Disease Week is observed this year from September 14 to 20, 2026. This week serves to raise global awareness of mitochondrial health and disease, helping to increase understanding in Canada and around the world. Greater awareness is essential to advancing research, improving treatment options, and providing meaningful support to those affected;

NOW THEREFORE

I, Cindy Jefferies, Mayor of the City of Red Deer, do hereby proclaim September 14-20, 2026 as Mitochondrial Disease Awareness Week. Let us come together to raise awareness, deepen understanding, and support those living with mitochondrial disease.

IN WITNESS WHEREOF, I have hereunto set my hand and cause the Official Seal of The City of Red Deer to be affixed.

Mayor Cindy Jefferies
City of Red Deer

